

This is an invitation to an experiment in Inner Science, short and sweet. Imagine the possibilities...

Pick a mentor/hero/inspiration (living, dead, real or fictional) for each of the twelve houses of your chart. Two formats are provided for recording your inquiries and results. The first is an in-depth view of your personal responsibility based on self-knowledge and your willingness to accept constructive advice. The second is specific to an event or situation, allowing you to explore many choices for action.

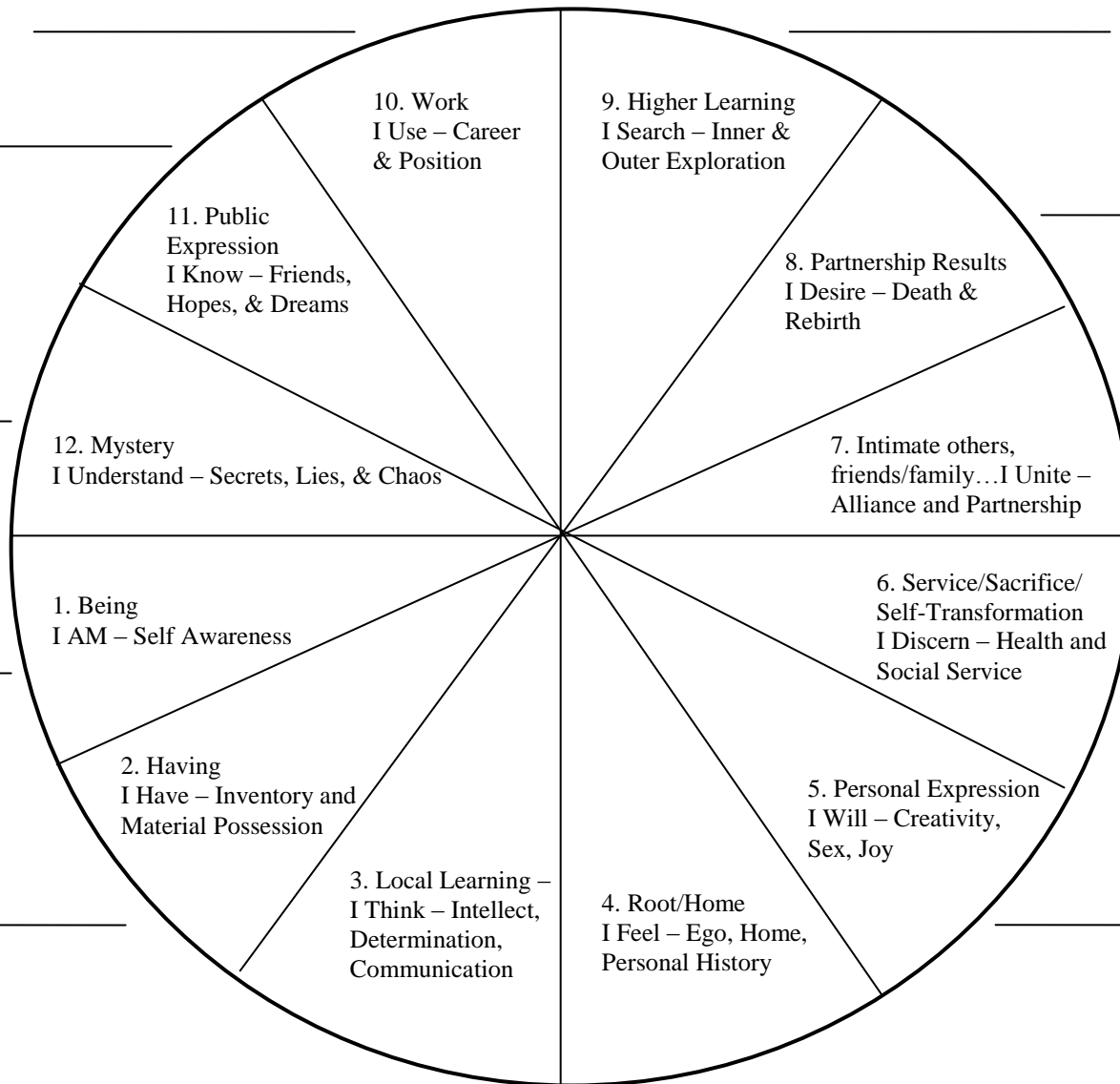
Once a week or when you are in need of counsel, call the twelve together in your mind and ask for their advice. You can construct a collage of pictures in order to visualize them more easily. It is important to make this meeting special, giving yourself time alone and uninterrupted. Ritualize the occasion (incense, candles, special garment, whatever will mark the process as being set apart from the routine of your life), praise them for their hero-hood, and thank them both for their past service and in advance for the what you are about to receive. Anticipation of phenomenal results adds to the experience. Begin by closing your eyes and taking a few deep breaths to relax.

Long Format: (good for practice in the execution of the exercise and for self-work) Ask each to tell you your worst, your best, and how you can improve from their point of view. This is an extremely powerful tool. It can offer a tremendous gift if you are willing to review the information openly, allowing yourself to be vulnerable in the comfort of your own private space. This is particularly nice if you like to keep your inner processing and thoughts private. The council already knows you deeply and can reflect many things that your normal processing might have missed. The meeting can last as long as you wish.

If you are particularly daring, or are comfortable speaking out loud... tape record your meetings. Reflect on the information each gives you, like using conversational clarifiers or a reflection of what you understood. This allows you to completely relax without having to think about taking notes. It also helps in the journaling process afterward, which must be done in order for the process to have maximum effect.

Short Format: Ask each to give their view of a specific situation, problem, event, opportunity, etc. Each may speak or only a few might have input. Again, tape the session if possible. Journal afterward as well. *(Good for the more experienced player as a quick reference but cannot compare to regular use of the long format.)*

Please let us know the results you achieve. If you have questions I can be reached at TLC@bethedream-lifecoach.com or by calling 480-633-7179. I will return calls promptly. Share Water



Twelve Views of your Council and their meanings

1. Being – Someone you feel has a strong natural presence, with solid ethics, morals, and values.
2. Having – Someone who has shown others the gifts life can offer by example.
3. Local Learning – Someone who has demonstrated learning from their immediate environment.
4. Root/Home – Someone you see as being firmly rooted in their center, confident and serene.
5. Personal Expression – Someone you believe has achieved their dream with natural passion.
6. Service/Sacrifice/Self-Transformation – Someone who has served humanity with their life.
7. Intimate Others/Close Friend/Family – Someone that you know who you honor and respect.
8. Partnership Results – Someone who has demonstrated success through collaboration.
9. Higher Learning – Someone who pioneered education, discipline, or mentorship.
10. Work – Someone who accomplished success through applying abilities, skills and talents.
11. Public Expression – Someone who has impacted the lives of many through their public life.
12. Mystery – Someone who became successful through synchronistic or serendipitous events.