

Zen Benefiel MA, MBA, CHt, CLC

is a multi-masters degreed author, coach, consultant, educator, facilitator and minister with a passion for education and facilitating partnerships leading toward collaboration and successful projects.

He founded Be The Dream, a sole-proprietorship consulting company, in 1988 as a vehicle to promote holistic understanding in business and personal achievement as a new millennial mindset.

Be The Dream has transformed to become a leader in establishing a new living awareness among seekers of a better way of life; harmony, truth and planetary stewardship. Transform your life!

An international presenter on holistic project planning, he co-created a business plan for a holistic model community serving at-risk youth, called Spectrum Academy. Zen actively seeks collaborators to share his passion.

On the web: SpectrumAcademy.org



Be The Dream
Dreams Mold Future Realities

Zen Benefiel, MA, MBA, CHt, TLC

925 S. Sailfish Dr.
Gilbert, Arizona 85233

Phone: 480-633-7179
E-mail: CoachZen@BeTheDream-LifeCoach.com
www.BeTheDream-LifeCoach.com

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Transformational Life Coaching



On the web:
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Is Coaching for You?

If you ask some of the following questions, then life coaching could be a perfect match. If you ask the majority of them, transformational life coaching could be your next step. It bridges personal passion with real-world activity.

How do I organize my life to achieve my dreams while paying the bills?

What are the best practices of personal growth that are practical and pragmatic?

Why am I frustrated with my life and career?

How can I better manage change in my career and life's relationships?

What can I do to transition my career toward personal fulfillment and leadership?

How do I create a support network to keep me on track, provide encouragement and support?

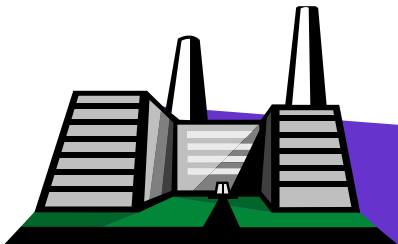
What steps do I take and in what order to achieve the best results?

How do I create and monitor an action plan with and without a coach?

What is the real secret to achieving my dreams, goals or objectives?

How can I determine what areas of my life I need to change first?

Discover what Zen can do to help enter within.



The Challenge to Change

Change is only 'ChaLLEnge' minus a few letters. Liabilities, Limitations and Excuses disappear when working with a transformational coach.

The results you experience will be specific to your personal, professional and/or spiritual action plans.



**Law of Attraction Action
Use Your Mind Magnet**

achieve them and....

It is a well known reality that it takes relatively the same effort to rise above the crowd and soar as it does to compete for survival.

It is simply a matter of focus and execution. You will discover how to tap into your passions in life, share your goals, create a plan to

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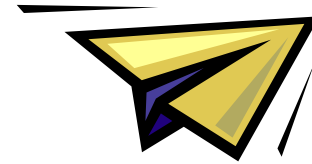
Magnetize Your Mind

You will experience greater clarity, deeper awareness of your connection to life, options to create your reality in congruence with your inner knowing, and a profound sense of Being.

This may not be for you. It will challenge your personal awareness and expose unconscious behaviors and patterns, freeing you from the undesirables. There is no pampering or procrastination in the moment. You can capitalize on choice. Unlike counseling or therapy, you can choose to let them go in the moment and release their grip on your daily deliberations.

Transformation

People in transition often need or want to address deeper convictions about what they want out of life. In this now constantly changing world, there is some solace in returning to more fundamental and natural processes deep within each of us. You've got the winning attitude.



Transformational Life Coaching incorporates many modalities, from business best practices to

Ride the winds of change with style and grace as you soar to success with a plan and purpose.

shamanic rites of passage, increasing awareness and success in transforming one's life. A little TLC can go a long way toward changing your life for the better!

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